## **SOAP Notes**

<u>S</u> ubjective		<u>O</u> bjective
SAMPLE history Signs & Symptoms Allergies Medications Past History (Social, Family) Last oral intake Events leading to injury/illness	Symptom Assessment (often for pain) Frequency Associated symptoms Radiation Character Location Duration Exacerbating factors Relieving factors	<ul> <li>Measurements (ex: age and weight)</li> <li>Vital signs (ex: heart rate, blood pressure, respiratory rate, temperature)</li> <li>Physical exam results (ex: bruising)</li> <li>Results from labs (ex: X-ray, MRI, blood analysis)</li> </ul>

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<u>A</u> ssessment	<u>P</u> lans	
<ul> <li>Quick summary of the patient including main symptoms</li> <li>Differential diagnosis, (a list of possible diagnoses in order of most likely to least likely)</li> <li>Final Diagnosis</li> </ul>	<ul> <li>Step-by-step plan for treatment and follow-up (patient instructions, procedures performed, medications given)</li> <li>Additional tests to run (ordering labs, radiological work up, referrals)</li> </ul>	

Learning Questions	Owner	New Information